

# Refresh & Revitalize Sale

(ECO Card Required)

## Month-long Deals 5/21-6/21

REFRESH. REVITALIZE. REFRESH. REVITALIZE. REFRESH. REVITALIZE.



Wholey Cooked 16/20 ct. Shrimp - 1 lb bag

**\$15.99/ea**

Reg. \$17.99/ea



Ney's All Natural Boneless Skinless Chicken Breast

**\$3.99/lb**

Reg. \$5.99/lb

**SAVE 15% OFF  
of All Regular  
Priced Wellness**

### Hop Harvest & Vine Specials

**Vegetable Protein Bowl \$7.99**

Toasted almond quinoa, chickpeas, shredded cabbage, carrots, spinach, roasted vegetables, tahini sauce, hemp hearts.

**Virgin Mojito \$8.99**

House-made virgin mojito. A classic summer refresher made with 100% fresh, organic ingredients.



Zolo Malbec

**\$8.99/btl** Reg. \$10.99/btl

- Malbec grapes have some of the thickest skins of all wine-grape varieties. This means they're loaded with resveratrol antioxidants that are the keys to cardiovascular and immune health. And when we say loaded, we mean loaded.
- Malbecs contain on average **four times the antioxidant** content as popular merlots and nearly twice as much as cabernet sauvignons. The reasons for this has as much to do with their grape's seed cultivation as it does geography. Malbecs are most famously grown in Argentina and Chile, where unique weather interactions between warm Pacific Ocean air and the cold, mountain chills wafting from the Andes combine to create ideal temperature and moisture patterns. This results in a particularly dense soil with less sulfate, affecting both Malbec's taste and its healthiness.

### Roasted Red Salmon

- 2-4 lbs salmon filets
- 1 clove garlic, minced
- 1/4 c onion, minced
- 1/2 c Zolo Malbec
- 1 sprig thyme
- 1/2 t black pepper
- 1 bay leaf
- Salt to taste

1. In a saucepan, combine garlic, onion, Malbec, thyme, pepper and bay. Simmer low for 2 minutes. Cool completely.
2. Combine salmon and marinate and marinate for at least 30 minutes or overnight.
3. Preheat oven to 400°. Place salmon filets on foil lined pan, skin side down and roast for 10-12 minutes. Check for doneness with a fork.

# Refresh & Revitalize Weekly Deals

Week 1: 5/21-5/27



Organic Strawberries  
- 1 lb pkg  
**\$4.49/ea** Reg. \$6.49/ea



C2O Coconut Water  
- with or without pulp  
**2 for \$3** Reg. \$2.49/ea



Pines Beet Juice Powder  
- 5 oz pkg  
**\$24.99/ea** Reg. \$35.99/ea

Week 2: 5/28-6/3



Organic Lemons  
- 2 lb bag  
**\$4.99/ea** Reg. \$5.99/ea



Traditional Medicinal Teas  
- select varieties  
**2 for \$6** Reg. \$5.49/ea



Herb Ect. Deep Sleep  
- 10 ct softgels  
**\$4.99/ea** Reg. \$6.49/ea

Week 3: 6/4-6/10



Karen's Naturals 2 oz pkg  
Just Strawberries & Bananas  
**\$4.99/ea** Reg. \$6.29/ea



That's It Bars  
- all varieties  
**5 for \$5** Reg. \$1.79/ea



Garden of Life Protein Bars  
- all varieties  
**\$1.99/ea** Reg. \$2.99/ea

Week 4: 6/11-6/21



Organic Valencia Oranges - 4 lb bag  
**\$5.99/ea** Reg. \$6.99/ea



Essentia Water 1.5 Liter  
**2 for \$3** Reg. \$3.29/ea



Nuun Hydration Tablets  
- all varieties  
**Buy One, Get One Free** Reg. \$6.59/ea

Store Hours: Mon-Fri 7:30am-9pm | Sat 7:30am-7pm | Sun 9am-7pm